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|  | Stellung | Technik |
| Junbi | naranhiseogi | kibon junbiseogi |
| 1 | oreun dwitkubi | sonnal momtongmakki |
| 2 | oreun apkubii | pyonsonkkeut sewotzireugi |
| 3 | wen dwitkubi | sonnal momtongmakki |
| 4 | wen apkubi | pyonsonkkeut sewotzireugi |
| 5 | wen apkubi | jebi poom mokchigi |
| 6 | oreun apkubii | momtong barojireugi |
| 8 | wen dwitkubi | sonnal momtongmakki |
| 9 | oreun dwitkubi | momtong bakkatmakki |
| 10 | oreun dwitkubi | momtong anmakki |
| 11 | wen dwitkubi | momtong bakkatmakki |
| 12 | wen dwitkubi | momtong anmakki |
| 13 | wen apkubi | jebi poom mokchigi |
| 14 | oreun apkubii | deungjumeok olgul apchigi |
| 15 | wen apseogi | momtongmakki |
| 16 | wen apseogi | momtong barojireugi |
| 17 | oreun apseogi | momtongmakki |
| 18 | oreun apseogi | momtong barojireugi |
| 19 | wen apkubi | momtong dubeonjireugi |
| 20 | oreun apkubi | momtong dubeonjireugi |
| Baro | naranhiseogi | kibon junbiseogi |